



Focus on your financial health

Let EY help you find clarity

Take a closer look at your relationship with money

Spring is a season of renewal and a great time to think about opportunities to improve your financial health, a key component of your overall physical and emotional well-being. Financial health isn't about being rich; it's about understanding money and personal finances, being aware of your money habits and tendencies, and knowing how to progress toward greater financial security.

Spend time thinking about your relationship with money. Discussing the topic with your spouse or partner if you have one – can bring clarity to your financial health. Consider the following principles of sound money management:

- Live beneath your means
- Differentiate between needs and wants
- Get real about your financial situation – think net worth, budget, and savings goals
- Devote time to financial education
- Get professional guidance on financial planning

Better financial health is in sight

The Pension Boards–United Church of Christ provides access to **no-cost financial planning services** through Ernst & Young (EY). Set up time to speak with a planner today.

📞 Call **+1 877 927 1047** 9:00 a.m.– 8:00 p.m. ET

🌐 Log into **pbucc.eynavigate.com**

92%

of Americans say nothing makes them happier or more confident than feeling like their finances are in order.*