

## Know your numbers

Find important numbers anytime you need them\*

### Humana Group Medicare Customer Care

**866-733-1872 (TTY: 711),**

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

### MyHumana

Sign in to or register for MyHumana to access your personal and secure plan information at **Humana.com**

### MyHumana mobile app

**Humana.com/mobile-apps**

### Doctors in your network

**Humana.com/findcare**

### Telehealth

Please contact your local provider to ask about virtual visit opportunities, or access nationwide Humana in-network telehealth options by using the “Find Care” tool on **Humana.com** or call the number on the back of your member ID card to get connected with a provider that offers this service.

### Humana Clinical Pharmacy Review Team

**800-555-2546 (TTY: 711),**

Monday – Friday, 8 a.m. – 8 p.m., Eastern time

### SilverSneakers®

**888-423-4632 (TTY: 711),**

Monday – Friday, 8 a.m. – 8 p.m., Eastern time

**SilverSneakers.com**

### Go365 by Humana®

**Go365.com**

### Humana Care Management

**866-733-1872 (TTY: 711),**

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

**Humana.com/home-care**

### Post-discharge Meal Program

**866-733-1872 (TTY: 711),**

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

**Humana.com/home-care/well-dine**

### Humana Health Coaching

**877-567-6450 (TTY: 711),**

Monday – Friday, 8 a.m. – 6 p.m., Eastern time

### Caregiver Support

**Humana.com/caregiver**

### CenterWell Pharmacy™

**800-379-0092 (TTY: 711),**

Monday – Friday, 8 a.m. – 11 p.m., and

Saturday, 8 a.m. – 6:30 p.m., Eastern time

**CenterWellPharmacy.com**

### CenterWell Specialty Pharmacy™

**800-486-2668 (TTY: 711),**

Monday – Friday, 8 a.m. – 11 p.m., and

Saturday, 8 a.m. – 6:30 p.m., Eastern time

**CenterWellSpecialtyPharmacy.com**

### State health insurance program offices

**800-633-4227 (TTY: 711), daily**

**www.cms.gov/apps/contacts/#**

\*You must be a Humana member to use these services.