



we make healthcare easier

Our experts can:

- **Provide confidential help** with personal issues, 24/7
- **Consult with you in person**, by telephone or secure video
- **Help** with stress, anxiety, depression and family problems
- **Support you** with grief and loss, anger and substance abuse
- **Find local services** to help make your life easier
- **Research and locate** legal specialists and financial counselors
- **Find local resources** for child care, adult day care and eldercare
- **Direct you** to your comprehensive MAP member website
- **Refer you** to more long-term support as needed
- **Lower bills** for non-covered medical/dental services



Available at no cost to employees, their spouse, dependent children, parents and parents-in-law. Completely confidential.

We're not an insurance company. West's Health Advocate Solutions is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider.

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Turn to us—we can help.



877.240.6863

Email: answers@HealthAdvocate.com
Web: HealthAdvocate.com/members

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