## Welcome to Well360

# Virtual Health



Save time and get care — wherever it's convenient for you. With virtual visits, you can see a provider for symptoms and conditions that can be treated from home. You can even have prescriptions and refills sent to your preferred pharmacy.\*

#### You also have virtual access to:

#### Behavioral health

Get the care you need to feel your best. Meet with a therapist or psychiatrist for services like talk therapy and medication management.

## **Primary care**

Find a PCP for all your primary care needs. They can manage your prescriptions, schedule bloodwork, and give specialist referrals.

## Dermatology

Submit your hair, skin, and nail concerns to a dermatologist. They'll follow up with a diagnosis and treatment plan.

#### **Urgent care**

Doctors are available 24/7 to treat minor injuries and ailments like colds, flu, sprains, ear pains, and more.

#### Women's health

See providers for medical and behavioral health concerns specific to women, like pregnancy and lactation, postpartum support, and menopause. Good news: To keep all your health in one place, Well360
Virtual Health is now exclusively available in the My Highmark
app under the Get Care section.



Just scan this QR code to download the app or visit the website at **MyHighmark.com** to get care today.



Because Life™



### Because Life.™

\*Health professionals can prescribe medication, but at this time are not able to prescribe any narcotics.

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